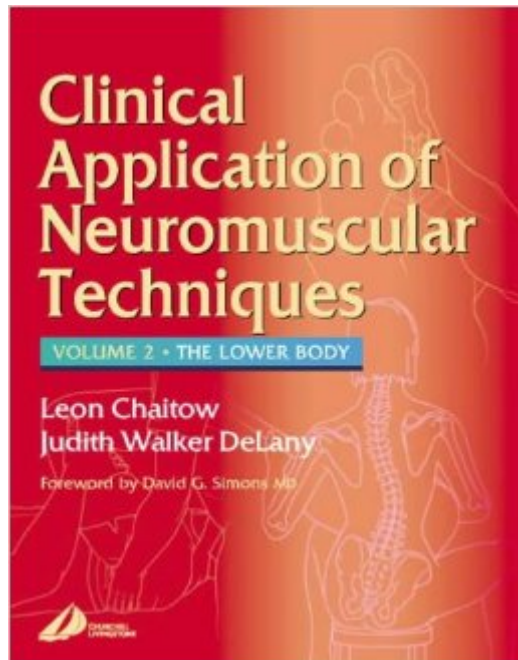


The book was found

Clinical Applications Of Neuromuscular Techniques: The Lower Body, Volume 2, 1e



Synopsis

This resource discusses the theories and physiology relevant to manual treatment of chronic pain, with a regional approach to treatment that focuses specifically on the soft tissues of the lower body. Step-by-step protocols that address each muscle of a region show how to approach specific problems. A structural review of each region, including ligaments and functional anatomy, adds value for new students and practitioners alike.

Book Information

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Customer Reviews

STUDIED THIS BOOK IN COLLEGE AND I WAS ON A BUDGET AT THE TIME AND I CASHED IT IN AFTER THE SEMESTER ENDED (TO MY REGRET). I AM GLAD TO HAVE IT BACK IN MY POSSESSION, AGAIN!!!!!! WONDERFUL REFERENCE KNOWLEDGE!!!! THANK YOU!!!!!!

Book is of very high quality with relevant interesting information. It's easy to read from a student's perspective, a practitioner's perspective or even an outsider's perspective. Great diagrams included, a very useful book. I do recommend it.

Clinical Application of Neuromuscular Techniques is an alternative to Travell's Trigger Point Manual if you do not do TP injections. It has great pictures, well explained treatment techniques (if you are up to date with your anatomy and medical terms) and lots of references. The disadvantages are

typos (the editor must have had a bad day and was unable to write the German words for the references right, but also some English words are off!) Parts of the text are repeated in the book twice, what I thought is unnecessary and only adds to the number of pages but not the quality of content.

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